

### Sunday

- 9:00 am **Grass Valley**, Spirituality Meeting - WNCFNA 448 Colfax Ave.  
9:00 am **Rescue**, Rescued, (JFT) Rescue Community Center, 4180 Green Valley Rd. (1 Hour Mtg)  
12:00 pm **Auburn**, New Hope Group, (JFT) American River Canyon Overlook Park, 855 Pacific Ave.  
\*12:00 pm **Pollock Pines**, Catching Some Serenity, (BD Last Sunday) Pollock Pines Senior Center, 5581 Gail Road  
1:00 pm **Grass Valley**, WNCFNA, (JFT) 448 Colfax Ave.  
4:00 pm **Folsom**, Hugs Not Drugs, (TD) Mount Olive Lutheran Church, 320 Montrose Dr. (1 Hour Meeting) **Children Allowed**  
6:00 pm **Roseville**, A Better Opportunity, (BS) 628 Royer Street, Horizon Church  
6:30 pm **Grass Valley**, WNCFNA, (BD) 448 Colfax Ave.  
7:00 pm **Auburn**, New Hope Group, (SD) American River Canyon Overlook Park, 855 Pacific Ave.  
\* 7:00 pm **Shingle Springs**, Aisle 19, (BS) Discovery Hills Church, 4270 Shingle Springs Dr. .Rm.8

### Monday

- 9:00 am **Grass Valley**, WNCFNA, (D) 448 Colfax Ave.  
12:00 pm **Auburn**, New Hope Group, (JFT) American River Canyon Overlook Park, 855 Pacific Ave.  
12:00 pm **Grass Valley**, WNCFNA, (D) 448 Colfax Ave.  
\* 5:45 pm **Auburn**, Happy, Joyous, & Free, (BS) 1279 High Street, Bethlehem Lutheran Church, park in back. (1 Hour Meeting)  
6:00 pm **Grass Valley**, Midtown Solutions, (CL, S) Emmanuel Episcopal Church, 235 S. Church St. (Birthday meeting, First Monday of every month)  
7:00 pm **Auburn**, New Hope Group, (C, SD) American River Canyon Overlook Park, 855 Pacific Ave.  
\* 7:00 pm **Folsom**, Checkup From The Neckup, (V) Journey Church, Room K-2, (Trailer - Behind Church) 450 Blue Ravine Road. (1 Hour Meeting)  
7:00 pm **Grass Valley**, WNCFNA, (CL, SD) 448 Colfax Ave.  
\* 7:00 pm **Roseville**, Under the Fig Tree, 222 Vernon St. (In basement of coffee house)  
7:00 pm **Shingle Springs**, Clean Kids, (SD,Y) Discovery Hills Church, Room 8, 4270 Shingle Springs Dr  
7:30 pm **Colfax**, Colfax Connection, (V) Colfax United Methodist Church, 59 W Church St (1 Hour Mtg) (No animals inside, including service animals)

### Tuesday

- 9:00 am **Grass Valley**, WNCFNA, (D) 448 Colfax Ave.  
12:00 pm **Auburn**, New Hope Group, (JFT) American River Canyon Overlook Park, 855 Pacific Ave.  
12:00 pm **Grass Valley**, WNCFNA, (D) 448 Colfax Ave.  
\* 5:30 pm **Auburn**, New Hope Group, (W) American River Canyon Overlook Park, 855 Pacific Ave.  
6:00 pm **Orangevale**, Recovery Together, (SD) 9079 Greenback Ln, Divine Savior Catholic Church (Room M4 behind church)  
6:30 pm **Grass Valley**, WNCFNA, (BS) (Guiding Principles) 448 Colfax Ave.  
7:00 pm **Auburn**, New Hope Group, (CL, SD) American River Canyon Overlook Park, 855 Pacific Ave. (No children allowed)  
7:00 pm **Folsom**, Folsom Home Group, (V) Kaiser Med Offices, 2nd floor, 2155 Iron Point Road.  
7:00 pm **Placerville**, Placerville Survivors, (SD) Church Of Christ, 4120 Missouri Flat Road.  
7:00 pm **Roseville**, Dopeless Hope Fiends, (SD) United Methodist Church, 109 Washington Blvd.  
8:00 pm **Grass Valley**, WNCFNA, (D, C) 448 Colfax Ave.

### Wednesday

- 9:00 am **Grass Valley**, Living Clean, (D) 448 Colfax Ave.  
12:00 pm **Auburn**, New Hope Group, (JFT) American River Canyon Overlook Park, 855 Pacific Ave.  
12:00 pm **Grass Valley**, WNCFNA, (D) 448 Colfax Ave.  
6:00 pm **Grass Valley**, WNCFNA Men's (M, CL) 448 Colfax Ave.  
\* 7:00 pm **Folsom**, No Worries Wednesday Group, (V) Journey Church, 450 Blue Ravine Road, Room K-2, (Trailer - Behind Church) (1 Hour Mtg)  
7:00 pm **Roseville**, Spiffs w/o Spliffs, (SD) Horizon Church, 628 Royer Street  
\* 7:30 pm **Auburn**, Primary Purpose Group, (CL, SD) 1212 High St. Unity Church (75 Minute Mtg) No Children Please  
7:30 pm **Grass Valley**, WNCFNA, (BS) 448 Colfax Ave.  
7:30 pm **Roseville**, DASP Roseville, (TD/DASP) Polish Community Hall, 327 Main St.  
7:30 pm **Placerville**, Placerville Survivors, (SD) West Slope Rehabilitation, 3280 Washington St.

### Thursday

- 9:00 am **Grass Valley**, WNCFNA, (D) 448 Colfax Ave.  
\*12:00 pm **Auburn**, New Hope Group, (JFT) American River Canyon Overlook Park, 855 Pacific Ave.  
12:00 pm **Grass Valley**, WNCFNA, (D) 448 Colfax Ave.  
6:00 pm **Orangevale**, Recovery Together, 9079 Greenback Lane, Divine Savior Catholic Church (Room M4 behind church)  
7:00 pm **Folsom**, Get Lit!, (BS) Teen Room of Trinity Episcopal Church 410 Wool Street (1 Hour Mtg)  
7:00 pm **Nevada City Narcotics Anonymous**, (CL, SD) Trinity Episcopal Church, 201 High Street (Chip/BD Mtg Last Thurs of Month)  
\* 7:00 pm **Shingle Springs**, Open Arms Group, (V,SF) Discovery Hills Church, Room 8, 4270 Shingle Springs Dr. (This is a SCENT-FREE Meeting)  
7:30 pm **Folsom**, The Men's Meeting, (V) Oakhill's Church, 1100 Blue Ravine, Room B1 (1 Hour Mtg)  
8:00 pm **Auburn**, New Hope Group, (SD), American River Canyon Overlook Park, 855 Pacific Ave.  
8:00 pm **Grass Valley**, WNCFNA, (TT) 448 Colfax Ave.

### Friday

- 9:00 am **Grass Valley**, WNCFNA, (D) 448 Colfax Ave.  
12:00 pm **Auburn**, New Hope Group, (JFT) American River Canyon Overlook Park, 855 Pacific Ave.  
12:00 pm **Grass Valley**, WNCFNA, (SD) 448 Colfax Ave.  
6:00 pm **Grass Valley**, Women in Progress-WNCFNA, (W) 448 Colfax Ave.  
7:00 pm **Auburn**, New Hope Group, (SD) American River Canyon Overlook Park, 855 Pacific Ave. 6:30 potluck (except 4th Friday of month, Birthday/Speaker meeting at 3185 Bell Road, Mt. Vernon Grange Hall)  
7:00 pm **Folsom**, Friday Night Folsom, (SD) Oakhill's Church 1100 Blue Ravine Bldg. D  
7:00 pm **Loomis**, Friday Night Alternative, (SD) Shepard of The Sierra Presbyterian Church 5400 Barton Road (Corner of Barton Road & Rocklin Road)  
7:00 pm **Placerville**, Welcome Home Group, (SD, TD), Episcopal Church of our Savior, 2979 Coloma Street. (Last Friday of month potluck/birthday meeting)  
7:30 pm **Cool**, Home on the Grange, (SD) The Cool Hall, 1701 Hwy 193 (1st Friday is Book Study) (Last Friday is Birthday Night / Potluck Dinner @ 6:30)  
8:00 pm **Grass Valley**, Young at Heart, (SD,Y) Emmanuel Episcopal Church, 235 S. Church St., (1-1/4 Hour Meeting)

### Saturday

- 9:00 am **Grass Valley**, WNCFNA, Breakfast Club, (D) 448 Colfax Ave.  
10:00 am **Auburn**, Auburn Breakfast Group, (SD) Mel's Diner, 1730 Grass Valley Hwy  
\*12:00 pm **Auburn**, New Hope Group, (JFT) American River Canyon Overlook Park, 855 Pacific Ave.  
1:00 pm **Grass Valley**, WNCFNA, (Y) 448 Colfax Ave.  
\* 6:00 pm **Placerville**, Saturday Serenity Group, Progress House, 2844 Coloma Street  
7:00 pm **Auburn**, New Hope Group, (SD) American River Canyon Overlook Park, 855 Pacific Ave.  
\* 7:00 pm **Folsom**, No Matter What, (V) Journey Church, 450 Blue Ravine Rd. (Room K2, trailer in back)  
7:00 pm **Grass Valley**, Newcomers - WNCFNA, (SD) 448 Colfax Ave.  
\* 8:45 pm **Nevada City**, Saturday Knight Live, (SD) Nevada County Library, 980 Helling Way

**\* Indicates Meetings in Need of Support**

**Directions and Meeting Legend on Back**

**DIRECTIONS TO THE MEETINGS**

**New Hope Group:** Take I-80 East to Auburn / Maple Street; veer left through lights onto Auburn Folsom Road. Turn left on Pacific Ave., to American River Overlook Park, 855 Pacific Ave. From I-80 West take Nevada Street exit, over the freeway, left at Maple Street, and then follow same as above from Maple Street.

**Grass Valley Fellowship (WNCFNA):** Hwy 49 to Colfax 174 / Grass Valley exit, follow 174 / Colfax Ave. to 448 Colfax Ave., across from the baseball field.

**MEETING LEGEND**

- BD BIRTHDAY
- BS BOOK STUDY
- C CANDLELIGHT
- CC CHILD CARE
- CL CLOSED MEETING - ADDICTS ONLY
- D DISCUSSION
- DASP DAILY APPLICATION OF SPIRITUAL PRINCIPLES
- IP INFORMATION PAMPHLET STUDY
- JFT JUST FOR TODAY
- LGBT LESBIAN, GAY, BISEXUAL, & TRANSGENDER
- L LITERATURE
- M MEN'S MEETING
- MED MEDITATION
- S SPEAKER
- SD SPEAKER DISCUSSION
- SF SCENT-FREE
- ST SPEAKER TAPE
- SS STEP STUDY
- TD TOPIC DISCUSSION
- TR TRADITIONS
- TT TOPIC TAG
- V VARYING FORMAT
- W WOMEN'S MTG
- Y YOUTH
- \* MEETINGS NEEDING SUPPORT

*All Meetings are open to anyone, with the exception of Closed Meetings. Closed Meetings are for people who identify as Addicts. This also means no children*

**Sierra Foothills ASC Information**

**Area Service Committee:** Meets 1st Friday of the month at the Pioneer United Methodist Church, 1338 Lincoln Way in Auburn. New GSR Orientation at 6:15 pm, and Area meeting starts at 7:00 pm.

**ASC Admin:** Meets 1st Friday of the month 6:15 pm at Pioneer Methodist Church 1338 Lincoln Way in Auburn.  
**E-mail:** [admin@sfana.org](mailto:admin@sfana.org)

**Activities:** Meets last Thursday of the month 7:00 pm at Round Table Pizza, 370 Elm Ave. Auburn.

**Hospitals & Institutions (H&I):** 2nd Friday of the month at 7:00 pm, Pioneer United Methodist Church, 1338 Lincoln Way, Auburn.  
**E-mail:** [hichair@sfana.org](mailto:hichair@sfana.org)

**Literature:** Literature orders are filled at each ASC meeting. Please see our website for the latest Literature order form.  
**E-mail:** [admin@sfana.org](mailto:admin@sfana.org)

**Newsletter:** Communication for Newsletter through e-mail only.  
**E-mail:** [sfananewsletter@gmail.com](mailto:sfananewsletter@gmail.com)

**Public Relations:** 2nd Friday of the month at 7:00 pm, Pioneer United Methodist Church, 1338 Lincoln Way in Auburn.  
**E-mail:** [publicrelations@sfana.org](mailto:publicrelations@sfana.org)  
**Schedule Changes:** [schedule@sfana.org](mailto:schedule@sfana.org)

**PHONE NUMBERS**

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**Any mention of buildings / facilities is not to imply endorsement or affiliation; it is only to help you find the location of the meeting**

**Sierra Foothills Area**



**Meeting Schedule**

**January  
2019**

Narcotics Anonymous is a fellowship of recovering addicts who are living their lives, one day at a time, without the use of drugs. We meet regularly to help each other stay clean. It costs nothing to become a member of N.A. The only requirement for membership is a desire to stop using. If you want to stop using drugs or need help finding a meeting, call the

**Sierra Foothills Area  
Helpline:**

**(530) 645-1635**

**WWW.SFANA.ORG**

SIERRA FOOTHILLS AREA of NA  
P.O. BOX 4280  
AUBURN, CA. 95604

*In the spirit of cooperation and without affiliation or endorsement, families and friends of addicts can call Nar-Anon at (800) 477-6291*