



Sierra Foothills  
*Area Service Committee Meeting*

Meeting Minutes Date: 7/7/2017

**Admin @ 6.25**

**GSR Orientation @ 6:15**

**Open @ 7:02pm w/ Serenity Prayer**

**Readings:**

- 12 Traditions – Ryann
- 12 Concepts – Rick
- Purpose Statement – Roberto
- The Role of a GSR – Kevin

**Announcements:**

- GENERAL ANNOUNCEMENTS –
  - Open forum sign up sheet
  - Schedule – please make any changes to the sheet going around the room

**Birthdays:**

- Shannon- 13
- Roberto- 3
- Stu – 7 years

*\*apologies if your birthday was missed in this last minutes\**

**New ASC Participants:**

- Jack – Alt GSR - Survivors Placerville

- Tori – Alt GSR - Friday Night Alternative
- Mike – Alt GSR – Recovery Together
- Stu – Alt GSR - Dopeless Hopefiends
- Phil? – GSR - Happy Joyous and Free

**Outgoing GSR's:**

- Jimmy L – GSR - Friday Night Alternative

**Roll Call:** Quorum: *ESTABLISHED* 21/29

**Approve Prior Months Minutes:**

(motion to approve or amend) –

*APPROVED* by Sloan and *SECONDED* by Kris

**Opening Treasurer Report:**

- Deposit: \$ 1890.12
- Expenses: \$ 1024.38
- Donation to Region \$ 865.74

**Reports:**

*If you are an Admin member or a Subcommittee Chair, please submit **written reports** to Recording Secretary either by email at [sierrafoothillsminutes@yahoo.com](mailto:sierrafoothillsminutes@yahoo.com) or at the ASC meeting.*

**Administrative:**

- Chair – Tried to go to Wells Fargo to get new signers on the account. Wells was closed and Hailey was sick. WE will repeat this action for the post office as well. We will aim for another day. Looking forward to voting on hosting TAC tonight
- Vice Chair – absent

- Recording Secretary - If you are a new GSR, please make sure to check the box and include a **legible** email address at the bottom. Please see me if you haven't received any emails from [sierrafoothillsminutes@yahoo.com](mailto:sierrafoothillsminutes@yahoo.com)
- Policy Advisor – Created GSR orientation packet. If you are a GSR and are interested in the packet, please pick one up and if you have any questions please let me know.  
[GSR Orientation Packet](#)

#### RCM – Regional Delegate

- Every year NAWS compiles an Annual Report to consider the impact of their efforts to further ***The Vision for NA Services***, which can be found in full at [www.na.org/AR2016](http://www.na.org/AR2016).
- Some highlights-
  - In 2008 there were 53,000 weekly NA meetings held in 69 languages, with almost half, (48%) in the US, 42% in other countries and 10% in Iran. NA literature was published in 36 of them. By 2016 there were nearly 67,000 meetings held in 80 different languages and 50—roughly two-thirds of meetings held in languages other than English—had the benefit of some NA literature in their first language and 41% of these meetings were held in the US, 31% in Iran, and 28% in over 130 other countries this year.
  - Providing NA literature for free or at a reduced cost—primarily for members in hospitals and institutions and for communities who cannot afford to purchase literature—remains one of NA World Services' highest priorities. We now produce literature in eight locations around the globe and utilize five distribution centers. This has reduced both expenses and difficulties with customs.

- NAWS surveyed members' interests to help determine IDTs for the 2016–2018 cycle. High-interest topics, refined in one case by a regional proposal, were determined at WSC 2016, as follows:
  1. Applying Our Principles to Technology & Social Media
  2. Atmosphere of Recovery in Service
  3. How to use Guiding Principles: The Spirit of Our Traditions
- Other projects that are available for input and discussions can be found at: [www.na.org/projects](http://www.na.org/projects) and include:
  1. Daily Meditation Book Project
  2. Mental Health/Mental Illness IP Project
  3. Local Services Toolbox Project
  4. Convention and Events Tools Project
- Although the Basic Text still accounts for the lion's share of NAWS book distribution (and NAWS has distributed more than 10.4 million copies of the BT since it was first published in 1983), it has decreased to 44 percent of all books distributed for this fiscal year - while The NA Step Working Guides rose to the second-most- distributed book at 18 percent. In its fourth year of production, Living Clean reached 11 percent of total distributed books.
- Plans for the 37th World Convention of Narcotics Anonymous are well underway. The four-day event will be held in Orlando, Florida, from August 30th through September 2nd 2018 and with the change to a three-year rotation cycle. WCNA 37 will take place just four months after the World Service Conference (WSC), scheduled for late April 2018.
- Although 2021 seems like a long way off, WCNA 38 is already on the minds of the World Board Business Plan Group - whose commitment to the WCNA rotation plan described in "A Guide to World Services" obligates us to a location in the Asia-Pacific, the Middle East, or Africa.

- For the second year in a row, contributions from NA members, groups, and service committees to NA World Services exceeded one million US dollars. An analysis of contributions by donor type shows a sharp increase in the contributions made by area service committees, and a steady uptick in contributions from zonal forums/events. Regional contributions dipped slightly after breaking all records in 2014–2015, but remain high in historic context.

#### Open Positions

- Region
  - H&I Vice
  - PR Vice
  - RCC (Recording Secretary)
  - Assistant Treasurer
- NCCNA
  - 5 open positions
- BOD
  - 5 open positions

#### Treasurer

- Our income this month was enough to cover our expenses but not enough to make a dent in the hole we have created in our operating reserve.
- Budget
  - Reviewed, reductions made, request for increased donations, ultimately balanced & tabled to be voted on at our next meeting.
  - Regarding increased donations, they need \$30/year from every meeting in our Region in order to meet projections for annual donation revenue. That's \$30 per meeting, not group, so for our

multi-meeting groups we would need \$30 from each meeting within that group. For our Area, that works out to \$2,400 annually and we donated \$2,039.14 for the year.

## H&I

- At our last meeting in May, the PR/H&I sharing forum was tasked with developing project plans for three areas of our Regional Plan for the 2017-18 year. The three areas included reaching out to social workers in the community, reducing stigma and increasing a welcoming environment for members with mental illness, and increasing our knowledge/understanding of institutions we serve while raising awareness of NA @ institutions and inventorying our network of contacts.
- H&I and PR cut 20% from their combined budget for next FY
- There have been incidences of site and release and even arrest of a member of our fellowship and others coming into the hospital to provide meetings. The H&I Chair is working closely with another H&I rep to improve & clarify clearance processes within our Region.

## PR

- We are working on a series of workshops and trainings that will further the PR/H&I goals of the 2017 – 2018 Regional Action plan. Part of this will be implemented at sharing forum trainings, presentations at WSLD, MBCNA, and NCCNA. We will give more detailed reports in July. These trainings and presentations will form the basis for additional workshops that will be part of NA 101's.
- We will also be doing outreach to all area PR and H&I teams that have not been attending the Regional Sharing Forum. We want to find ways to attract more participation in the forum. Current attendance does not give a representative diversity in the sharing forum PR efforts.
- The Next PR – H&I Sharing forum is July 22nd 2017 from 10:00 AM to 2:00 PM at the RSO in Fairfield. Please notify your area PR and H&I representatives from nearby areas that we would appreciate their

attendance or logging into the Webinar and or phone bridge. Their participation is essential to the Regional H&I/PR successfully supporting their efforts while keeping us informed of their challenges and successes.

- PR will conduct an inventory of the PR Sharing Forum to improve and attract more participation.

#### NCCNA

- From the outgoing Chair: Things are progressing quite good for the closing of our books. We still have one bill we have not received and some reimbursements. If all goes as planned, we will close the books in July and I will be present at the meeting with my final report.
- From the incoming Chair:
  - 5 vacant positions (Program Advisor, Host Advisor, Member at Large, Registration Advisor, & Assistant Entertainment)
  - We are already behind on several of the timelines due to the last event being in April with the next in March. We will be working with all teams to catch up.
  - We would like to have the RSC provide input for the theme of the convention. Suggestions were:
    - An Atmosphere of Empathy
    - New Directions, New Connections
  - One motion passed, to approve the NCCNA Budget as submitted.
  - If there is anyone who would like to talk about the budget offline, I would be happy to go over the budget process and provide feedback. I have seen “questions” show up on Social Media about our accountability and encourage transparency from NCCNA to the RSC. The complete budget is available in the full reports that are accessible via our minutes.

- NCCNA meets on the Third Saturday of each month at 10:00 am here at the RSC unless otherwise noted.

#### Circle of Sisters

- Open positions-Co-Chair Hotels/Contracts, Member at large 3 and Web-Mistress
- Convention is 2/16-2/18 in Burlingame

#### BOD

- We will have five vacant positions that need to be filled. 4 years clean time required
- New insurance certificate is available on the website and was emailed out to all GSR's last month. See me if you need a copy.

#### Open Forum

- Pre-Convention flyers to promote certain meetings & workshops
- COS workshop requests specifically asking for women presenters
- Basic Text inexpensive printing discussion, again
- Disruptive behavior at meetings, specifically a member is looking at registered sex offender lists and then confronting members at meetings

#### Motions

1. That the NA World Service Office make available, upon request from any Area or Regional H&I committee, the paperback edition of the Basic Text at the cost of production for the sole purpose of distribution to incarcerated addicts. Motion failed 3-20-5
2. To approve proposed 2017-2018 RSC budget. Automatically tabled
3. Moratorium on motions regarding low cost Basic Texts for 3 years at the RSC. Motion carries 17-3-7



- **Full regional reports available here:**

- [FST Reports](#)

- [Prelim Minutes](#)

- [Donations By Area](#)

- [Donations by Group](#)

- [Meeting Growth](#)

- [2017-2018 Proposed Budget](#)

- [ACTION PLAN Draft 2017-2018](#)

**Subcommittees:**

- **Activities** – Kris – had first meeting. 3 in attendance discussed: BBQ for Labor Day weekend. Started discussion on NYE dance and speaker meeting. Printed intro and contact info for Kris.
  - [Kris Colen Bio](#)
    - Goals – get more unity to Sierra Foothills by expanding our activities area. (i.e. Placerville – El Dorado Hills) we need help from those areas – We need members in these areas to help coordinate future functions.
- **Hospitals & Institutions** - Regular subcommittee meeting and event is moving along.
  - Nevada County Juvenile Hall needs coordinator
  - Update 10/14 at auburn fairground -Stockton players is doing new play. “sponsorship play” tix on sale now.
  - Unfortunately, DJ passed away, but is currently being filled
  - Event Task force is held: 6:30 next Friday
  - We are short on admin members presenting some subcommittee challenges. Open positions:
    - Vice chair
    - Regional representative
    - Recording Secretary
  - Member asked about Attendance to Sharing forum: Unfortunately, H&I is low on positions and can’t attend.
- **Public Relations** – absent

- **Newsletter/Website** – absent
  
- **Literature** – \$90.77 expenses this month
  - Asked for box of Basic Texts – received 1 basic text.
  - Member asked about literatures expenses and receipts.
  - Member asked to be updated about new medallions/books/IP's so that the groups can order them.
  
- **TAC Liaison** – Donald – met 6/17 at Red Lyon inn. (2018 site for TAC)
  - Have 2 service positions open:
    - Alt Recording Secretary
    - Vice Chair Entertainment Subcommittee
  - Report from Ad-Hoc committee for bidding process – weather or not we are able to vote on the bidding process – they did not have a quorum to vote.
    - Synopsis is : proposed rotation of 8 areas that are involved in TAC. Each area would host and would have the option to pass if they don't have facilities etc.
  - Have volunteer signup sheets to circulate.
  - TAC fliers are here!
  - Tac LOGO was voted on and approved. Its secret.
    - Theme – “Ties that bind us are the roots that nourish our growth”
  - Voting for Sierra Foothills to submit bid to host TAC
  - Online registration is now open!
  - Member asked for a bit of clarity of the Volunteer sign up forms
  
- **TAC Ad-Hoc Committee:** Did not meet



We are going through “Living Clean”. Participation is good. Meeting could use support. Alt GSR position is open.

**Aisle 19:**

Area Donation~\$77.00

Literature~\$50.22

Avg Attendance: 10-15

This meeting is great, attendance is great, participation is great. It’s a book study meeting and I appreciate the chance to be of service.

**Auburn Breakfast Group:**

Area Donation~ \$64.00

Literature~\$0

Avg Attendance: 25

Hola! Amigos y amigas como estas? That’s the extent of my Spanish, so far, but im working on my communication skills

**Catching/Seeking Some Serenity:**

Area Donation~\$9.30

Literature~ \$9.70

Meeting needs support.

**Checkup from the Neck Up:**

Area Donation~\$0

Literature~\$0

Avg attendance: - no info –

Absent – No Report

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**Dopeless Hope Fiends:**

Area Donation~\$84.37

Literature~ \$11.50

Avg Attendance: 50

Our group is doing well. All service positions are currently filled.

**Folsom Home Group:**

Area Donation~\$0

Literature~\$0

Avg Attendance: 8-10

Attendance has fallen way off the rehab that used to attend is no longer attending. Group is mainly comprised of trusted servants that have served past their term due to no volunteers. We currently have no secretary and the other trusted servants are filling in.

**Friday Night Alternative:**

Area Donation~\$60.73

Literature~ \$1.65

Avg Attendance:

Our group elected a new GSR and Alt GSR and filled all other open positions except for Clean-up Coordinator, we have adjusted the GSR/Alt GSR term to coincide with the ASC elections. We hope this encourages our trusted servants to be open to area service. NAWS donation of: \$30.36 Region donation of: \$30.37. All else is well.

**Friday Night Folsom:**

Area Donation~\$2.75

Literature~ \$30.00

Avg Attendance:

Attendance has been a bit low as expected during the summer months.

**Get Lit:**

Area Donation~\$0

Literature~ \$0

Avg Attendance: - no info -

Absent, no report.

**Happy Joyous & Free Group:**

Area Donation~\$13.00

Literature~\$0

Avg Attendance: 8

We have a varied, rotating format with 2 speaker meetings each month. Our meetings are usually fairly small and could use some support. Please come check out our meeting at 1279 High St. in Auburn at 5:45 p.m., Monday evening.

**Home on the Grange:**

Area Donation~\$0  
Avg Attendance 15-20

Literature~\$0

Marinating regular attendance have not had the Progress House groups in a while, Periodic newcomers. Birthday night pot luck is a hit. Making rent, not much more.

**Hugs Not Drugs:**

Area Donation~ \$0  
Avg Attendance:

Literature~\$0

No report.

**Men's Straight Talk:**

Area Donation~\$0  
Avg Attendance:

Literature~\$0

No report.

**Midtown Solutions:**

Area Donation~\$0  
Avg attendance: 25

Literature~\$0

1 Hour closed speaker meeting w/ open discussion after. Call Cindy 530-559-3369 if you would like to come up and speak.

**Nevada City NA:**

Area Donation~\$41.20  
Avg Attendance: 10-15

Literature~\$3.30

We meet on Thursday Nights @ 7pm in beautiful downtown Nevada City.

We have a lovely 1-hour speaker discussion meeting – w/ coffee and cookies.

If you find yourself in Nevada City on a Thursday night, please join us.

**New Hope:**

Area Donation~\$20.00  
Avg Attendance: 15-20

Literature~\$64.80

Meetings are doing good!

**No Matter What:**

Area Donation~\$0  
Avg Attendance:

Literature~\$0

Absent, no report.

**No Worries Wednesday:**

Area Donation~\$17.00  
Avg Attendance: 16-18

Literature~\$44.95

Rotating Format

Lit speaker night  
God box  
Asket basket

**Open Arms:**

Area Donation~\$0  
Avg Attendance:

Literature~\$0

Absent, No report

**Placerville Survivors:**

Area Donation: 33.40  
Avg Attendance: 48

Literature~\$48.00

Great attendance. Very steady. Only position available is Alt Treasurer. Having an event this Saturday July 8<sup>th</sup> . Sunset Survivors Jamboree + BBQ Extravaganza.  
3633 Cedar Ravine Rd. Placerville, CA.  
5-8:00  
Lyons Park

**Primary Purpose:**

Area Donation~\$13.35  
Avg Attendance:

Literature~\$59.10

All is well.

**Recovery Together:**

Area Donation~\$226.31  
Avg Attendance: Tuesday - 10 / Thursday - 17

Literature~\$147.30

Meeting are well attending. We are a multi-meeting and we have no GSR currently. Both meetings will be electing secretaries at the end of July. Anybody interested in any of the positions can just show up at our weekly meetings.

**Saturday Knight Live:**

Area Donation~\$0  
Avg Attendance:

Literature~\$0

All is well. Come spend your Saturday night in beautiful Nevada City. Amazing meeting with amazing people.



**Spiffs Without Spliffs:**

Area Donation~\$0

Literature~\$0

Avg Attendance:

We have been meeting in Weber Park and its been great! BBQ almost every other week. Meeting is growing up to almost 40 last week. We have a new greeter and a coffee person.

**The Men's Meeting:**

Area Donation~\$3.70

Literature~\$5.30

Avg Attendance: 8-12

Our group has 7 active home group members and we get 3-4 more members a week, reading now out of "It Works: How and Why" every other week. We've been bringing in speakers from out of the area at most speaker meetings. We would love to see more men join the comradery.

**Welcome Home:**

Area Donation: \$65.55

Literature: \$6.20

Avg Attendance:

Welcome home is doing great. All positons are filled. 35 in attendance weekly. Come & visit our meeting. Potluck on birthday night on last Friday @7pm  
Thank you.

**W.N.C.F.N.A:**

Area Donation~\$0

Literature~\$0

Avg Attendance: no info

No Report

**Young at Heart:**

Area Donation~\$0

Literature~\$0

Avg Attendance:

No Report

### **Closing Treasurer Report**

- **Area donation: \$942.14**
- **Literature: \$1036.33**
- **Total Deposit: \$1978.47**
- **Estimated Exp: \$?**

**Motion to Close @ 8:49**