



Sierra Foothills Fellowship of Narcotics Anonymous Hospitals & Institutions Facilities Guide

Purpose of this Guide

This guide provides information on all of the H & I meetings supported by the Sierra foothills Fellowship of Narcotics Anonymous. You'll find a brief description of each facility we serve and learn when meetings are held, what requirements must be met to enter, and who coordinates each meeting. If you're interested in volunteering, please contact the facility coordinator directly.

DOs & DON'Ts of H & I Service

DO

- Emphasize that NA recovery is available to all addicts regardless of drugs used.
- Make directories of outside meetings available to residents.
- Start and end on time!
- Obey the dress code & exercise common sense.
- Adhere to each facility's rules and security regulations.
- Involve residents with the meeting, especially those in long term facilities.

DON'T

- Emphasize "using days" while sharing an NA message of recovery.
- These & crosses may be the first people in the way in which we present our message and others respect our anonymity.
- Debate any issues involving facility rules, regulations, or other programs.
- Get involved in discussions on outside issues, including opinions regarding psych meds.
- Take messages or carry letters in or out of the facility.
- Discuss any inmate's case or their guilt or innocence.

Sierra Foothills Area
of Narcotics Anonymous
PO Box 4280
Auburn, Ca 95604

Placer County Jail & Barracks

Men's Barracks: Sunday, 7:30-8:30 PM

Women's Barracks: Wednesday 5:30-6:45 PM

Men's Jail: Thursdays, 5:30-6:45 PM

Women's Jail: Thursdays, 5:30-6:45 PM

Placer County jail and barracks are locked down facilities, located in Auburn. The clearance requirements for both are as follows:

- Clean time requirement of 18 months
- Not currently on probation or parole and has not been within the last 18 months
- Must complete application thoroughly without omitting any requested history or information
- No arrest in the last 18 months

The meetings are standard meeting format with readings, share and discussion. Dress code is specific, see coordinator for details.

South Placer Recovery

Tuesday, 6:30-8:00 PM

This is a 32 bed co-ed facility in Auburn. The typical stays range from 20 to 90 days. The meeting is a standard format with a secretary and a chair person. The clean time requirement is 90 days. Both male and female H&I volunteers are welcome.

Hope House

Monday, 7:00-8:00 PM

Hope house is a residential treatment facility for women and children, located in Grass Valley. It can house up to 10 women and 6 children. Length of treatment ranges from 30 days to 6 months. H&I brings in a speaker meeting once a week.

Growlersburg Fire Camp

Thursday, 7:00-8:30 PM

Growlersburg fire camp is a minimum security Firecamp (CDCR) with 132 inmates located in Georgetown, El Dorado County. We hold meetings weekly. Volunteers must have 6 months clean time. Clearance is approved through the visitation form.

El Dorado County Jail

Women 2nd & 4th Wed 5:15 -7:00pm

Men Thursday, 6:00-8:30pm

The El Dorado County jail, located in Placerville, houses inmates with court proceedings and those serving sentences. The clearance requires:

- 12 months clean time
- No outstanding warrants, probation or parole
- No arrests or incarceration within the last 3 years
- Not currently being treated for a psychiatric disorder

The meetings use a standard meeting format: share, topic, and discussion. Dress code is specific, see coordinator for details.

New Leaf—Lorenson & Hoffman Houses

Both on Mondays, 7:00-8:00 PM

We bring meetings into two residential treatment facilities operated by New Leaf in Auburn. Both treat women and their children for up to one year. The clean time requirement for H&I volunteers is 6 months.

Acres of Hope Women's Residential

2nd and 4th Mondays, 3:30-4:30

Acres of Hope is a residential treatment facility for women and children, located in Applegate. It can house up to 11 women. Length of treatment is up to 2 years. The clean time requirement for H&I volunteers is 6 months. Women only.

Wayne Brown Correctional Facility (Nevada County)

Thursday, 6:00-9:30 PM

This is a lock down facility located in Nevada City. We conduct a men's meeting, a women's meeting, and a co-ed meeting. The clearance requirements for are:

- Clean time requirement of 1 year.
- Must be out of jail/prison for at least 1 year.
- Must complete application thoroughly without omitting any requested history or information.
- Jail administration has final approval on all volunteers and can refuse clearance for any reason

The meetings follow a standard format with readings, sharing, and discussion. Dress codes are specific—see the coordinator for details.

Nevada County, Placer County & El Dorado County Juvenile Hall Facilities

Nevada City: Mondays, 7:30-8:30 PM

Auburn: 1st Thursday of the month 6:30-8:00PM

Placerville: 2nd & 4th Thursday of the month, 7:00-8:00PM

These are lock down facilities. Nevada City has both women's and mens meetings. Auburn & Placerville have co-ed meetings. Facility requirements are as follows.

- Clean time requirement of 6 months
- Not currently on probation or parole and has not been within the last 12 months
- Must complete application thoroughly without omitting any requested history or information.
- Jail administration has final approval on all volunteers and can refuse clearance for any reason

The meetings are standard format with readings, share and discussion. See coordinator for dress code specifics.

Serenity House

Monday, 7:00-8:00 PM

Serenity house is a residential treatment facility for men located in Grass Valley. It can house up to 15 men. Length of treatment is about 30 days. Clearance requirements are as follows: No 290 convictions, no arson convictions. No tobacco products on the property allowed. Volunteers only bring in car keys and ID. See coordinator for dress code. Coordinator and secretaries must be male, however female volunteers may attend as long as they are with a male volunteer.

Progress House Nevada City, Coloma, Comino, Garden Valley & Alta

Nevada City: Wed & Thurs, 7:00-8:00PM Mens facility

Coloma: Monday, 8:00-9:00PM Men's facility

Camino: Wed 7:00-8:00PM Women's facility

Garden Valley: Sunday 7:00-8:00PM Women's Facility

Alta: Monday, 7:00- 8:00PM Women's Facility

A volunteer clean time requirement for all facilities is 6 months. Meetings vary from standard format with a secretary and a chair person to topic discussion, just for today and basic text discussion. Both male and female volunteers are welcome at Coloma. Camino and Alta are facilities for women and their children with only women volunteers. Nevada City is a men's only facility.

Why Get Involved?

Hospitals and Institutions service offers addicts an opportunity to demonstrate gratitude, fulfill responsibility, and share the NA message without expectations. It is also an effective tool that helps us stay clean, and keeps us coming back. The H & I message is the same as the NA message: "That an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live."™ The gift we share is hope and freedom from active addiction through the program of Narcotics Anonymous. Any NA member who wants to carry this message is encouraged to get involved with H & I service. There are many ways to serve in Narcotics Anonymous, and many of us have found H & I service to be the most rewarding aspect of our recovery.